

MEDICINE FOR THE GREATER GOOD



Medicine for the Greater Good (MGG), formally established in 2013 at Johns Hopkins Bayview, is an initiative and formal curriculum that seeks to train and educate medical residents in bridging the gap in health disparities between the hospital and the community.

"Promoting wellness and partnership beyond the hospital walls"

***"THE
POSSIBILITIES
ARE
ENDLESS"***

"Partnering with schools to promote health and wellness initiatives and activities."

"Our community health goals include overcoming health disparities in asthma, mental health, and heart disease."

Find out more at:

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Medicine
for the
Greater Good



Resource: **Jump for Joy!**

Contact Information: Kimberly Landes, Founder, Instructor

Phone: 202-409-4368

Email: kimberly_landes@hotmail.com

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **JUMP FOR JOY!** is a free, volunteer-based recreational & youth mentoring program at The 29th Street Community Center in the Harwood Community that blends the fun of jump rope with the power of community caring to nurture fitness, goal setting & positivity in Baltimore youth. Founded in Feb. 2014, master coaches from Howard County team with local coaches-in-training to guide youth ages 5-16 in Saturday morning classes for learning jumping, turning & performance skills in single rope, long rope, Double Dutch & freestyle. In addition to regular jump instruction, participants enjoy opportunities to attend jump-related workshops, festivals & summer camp; present their skills (to music) at local fairs, festivals & health expos; partner with non jump groups to support community action; and engage with coaches/mentors in offsite enrichment, including hiking, swimming, outdoor movies, picnicking, baking, reading, dancing, and visits to local festivals and museums.

Jump rope instruction takes place year round with brief hiatuses in August and December. Saturday sessions in Summer 2016 averaged 21 jumpers per class led by 5 to 10 coaches.

The Program serves youth in the vicinity of The 29th Street Community Center, including (alphabetically) Abell, Barclay, Better Waverly, Charles Village, Harwood, Old Goucher, Remington, and Waverly. Youth from beyond the Center's immediate geographic location participate as well.

Volunteers: J4JOY! welcomes mature young adults, 16 and older, who wish to volunteer in assisting lead coaches and others working to engage and support Baltimore City youth. Ropes and training are provided. Screening is done via interview and criminal background check.

Different roles are available:

Turners – for inexperienced or experienced persons interested in turning long rope and/or Double Dutch but not jumping per se. Easy to learn!

Junior Coaches – for experienced jumpers & turners interested in jumping themselves and working with youth to teach Level I and II jump skills.

Weekly, biweekly, or monthly commitments are requested of volunteers as may be workable for one's schedule; absences are able to be accommodated.

Fun, rewarding experiences are available with energetic Baltimore youth and fellow coaches during class, local performances, and other outings.



Resource: **Reading Partners**

Contact Information: Maria Goodson, Community Engagement Manager

Phone: 540-454-3512

Email: maria.goodson@readingpartners.org

Volunteer opportunities for older students for service learning? Yes, ages 14+

Professional Development or Training opportunities? No

Program Description: **Reading Partners** is a local nonprofit organization that works to expand life opportunities for elementary school children in low-income communities by empowering them with strong literacy skills. At each of its school sites, Reading Partners transforms a dedicated space within the school into a reading center and recruits and trains community volunteers to tutor students as little as one hour a week for the school year.



Resource: **Johns Hopkins CARES Mobile Safety Center**

Contact Information: Amanda Davani

Phone: 410-955-4121

Email: adavani2@jhu.edu

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **The CARES Safety Center** is available to visit your school, neighborhood or your community event, as long as you are within the Baltimore City limits (for events outside Baltimore City, the CARES Mobile Safety Center vehicle attendance fee is \$250). We can tailor our presentation and our services to work with children only, parents and caregivers only, older adults only or mixed age groups. Our expertise is educating about the injury risks common in the home and what can be done to better protect people from unintentional injuries. Johns Hopkins safety educators and BCFD fire educators lead visitors through a variety of interactive exhibits to learn how to prevent falls, burns, poisonings, strangulation and other unintended injuries in their homes and neighborhoods. We will work with you to determine if tours will focus on one or two topics or if they will be a review of all safety topics included on CARES. The Center has an inventory of reduced-cost safety products, including bicycle helmets, safety gates, cabinet locks, and bath mats which are offered for sale. Educators will also show visitors the proper way to use each safety product.



Resource: **TurnAround, Inc.**

Contact Information: Samantha Black

Phone: 410-837-7000

Email: sblack@turnaroundinc.org

Volunteer opportunities for older students for service learning? No

Professional Development or Training opportunities? Yes

Program Description: **TurnAround, Inc.** is a Domestic Violence, Sexual Assault, and Human Trafficking non-profit. In addition to victim services, we believe that the best means of prevention is through education. We offer free presentations to children from pre-k through high school. The interactive presentations teach younger students body empowerment and the difference between a good, bad, and confusing touch. The older students learn how to have healthy relationships with their peers and dating partners.



Resource: **#popscope**

Contact Information: Ariel Hicks

Phone: 417-499-3726

Email: baltimorepopscope@gmail.com

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **#Popscope** is an urban movement that aims to reconnect diverse communities to the night sky and to each other by hosting free, “pop-up” astronomy nights in public spaces. For thousands of years, the night sky has inspired and brought people and communities together. We hope to bring people together for many more. Many cities are divided along ethnic and class lines, with few opportunities for people of different backgrounds to interact and learn from one another. We don’t always know our neighbors and won’t all participate politically. What’s wrong with civic engagement today? Not every urban resident has a telescope. Not every student has an equal chance at becoming an astronaut or astrophysicist. What is the problem in STEM education? Our urban public spaces can be sites for recreational, physical, or educational activities open to all. What are we doing wrong? We hope to address these questions and find solutions by putting a telescope in every neighborhood.



Resource: **Baltimore Teacher Supply Swap**

Contact Information: Melissa Badeker

Phone: 443-977-7596

Email: Melissa@teachersupplyswap.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **Baltimore Teacher Supply Swap** equips teachers and families with school supplies with supplies that would otherwise go to waste. We collect donations from teachers, schools, businesses, and individuals and make them available at our “free store.” Anyone who needs supplies can visit 1224 Wicomico Street on Saturdays from 11:00 – 2:00 and Thursdays from 3:00 – 5:30.



Resource: **The Esperanza Center**

Contact Information:

- Eric Seymour, 443-825-3433, e Seymour@cc-md.org
- Helany Sinkler, 667-600-2966, hsinkler@cc-md.org
- Becky Kidd, 443-275-0697 OR 667-600-2967, bkidd@cc-md.org
- Rachel Duncan, 443-275-0700, rduncan2@cc-md.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **The Esperanza Center** is a comprehensive immigrant resource provider that offers services to thousands of Baltimore's immigrants each year. Some of the services offered at the Esperanza Center include:

- Walk-in-clinic for primary care and referrals for mental health for adults and children. School physicals, dental care, immunizations.
- Immigration legal consultation services, family-based petitions, adjustments of status. Trafficking, crime victim, and domestic violence- based immigration applications.
- Translations, applications, forms, letters, and general immigrant support services and referrals.
- ESOL group and individual classes for adults. ESOL After-School and Summer Program for youth.
- Family reunification and post-release services for families of Unaccompanied Minors.



Resource: **Digital Harbor Foundation**

Contact Information:

Phone: 443-681-9384

Email: contact@digitalharbor.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? Yes

Program Description:

Afterschool Program: Digital Harbor Foundation's Maker Foundations program is an introductory course for middle and high school youth. Enjoy 14 weeks of exploration into emerging technology topics where you will design and 3D print your own creations, learn to program games and make your own game artwork, make a website, create interactive electronics, and much more! Contact Melissa@digitalharbor.org

Summer Camps: Maker Camp provides age-appropriate, engaging, and creative pathways to technology and engineering knowledge. We offer beginning, intermediate, and advanced programs in core skills that meet and enhance national and local STEM teaching standards, and that have been shown to lead youth to college and career readiness, encourage self-efficacy, and build lifelong learning strategies. Contact contact@digitalharbor.org

PD for Educators: Digital Harbor Foundation's Maker educators workshops are designed to introduce educators to making and emerging technologies so that they can help their students to be creators, and not just consumers. The knowledge gained in the workshops can be applied to a variety of age groups and across the STEAM (Science, Technology, Engineering, Arts, and Math) content areas. Price and information contact Josh@digitalharbor.org



Resource: **Baltimore City Community College Refugee Youth Project**

Contact Information: Brittany DeNovellis

Phone: 410-558-3258

Email: rypvolunteerspecialist@gmail.com

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: The **Baltimore City Community College Refugee Youth Project** seeks to improve the lives of Baltimore's youngest refugees by supporting their academic needs and making their integration simple and meaningful. We leverage the help of caring volunteers to assist refugees and asylees, ages 4-21, through out-of-school time programs. RYP offers after-school tutoring, summer schools, and youth mentoring, working primarily in Northeast Baltimore where families are resettled, but we can also support students across Baltimore City.



Resource: **Enoch Pratt Free Library**

Contact: Wesley Wilson

Phone: 410-396-5429

Email: Wesley.Wilson@prattlibrary.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? Yes

Program Description:

The Enoch Pratt Free Library serves both the City of Baltimore and State of Maryland, services are free. The Library provides resources to support education on all levels and life-long learning. Programming sponsored by the Library promotes literacy, educational and workforce success, entertainment, and cultural enrichment.

The collection at the Central Library/Maryland's State Library Resource Center begins in 574 BC and provides all Library customers a tactile sense of history.



Resource: **The Hero Lab**

Contact Information:

- Adil Qureshi, 609-578-8743, adilq14@gmail.com
- Siddhi Sundar, 609-649-9781, siddhi.sundar@gmail.com

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **The Hero Lab** works in Baltimore public schools to build positive mental health by catalyzing at-risk youth to build agency, self-actualize, and use their strengths to control their environments. The program runs for 3-6 months and is administered by trained facilitators. The program runs free of cost.



Resource: **Make Studio Art Program**

Contact Information: Cathy Goucher and Jill Scheibler, Co-founders

Phone: 443-627-3502

Email: info@make-studio.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? Yes

Program Description: **Make Studio Art Program-** Serving adults (18+) with disabilities who identify as artists/have been practicing in the community or throughout schooling.

How do things work at Make Studio?

- We can provide you with instruction in the media of your choice, and can also help you to explore new materials and techniques, including drawing, painting, printmaking, sculpture, digital art, and more.
- We provide a professionally-equipped art studio space in which to work, which is also designed to support opportunities for connecting socially with others.
- We work with you to set a regular schedule to make art in the studio, and to craft a person-centered plan that can include vocational training, entrepreneurial mentoring, and/or art therapy, as well as assistance with living skills, as needed.
- You are expected to attend the program regularly and to take your art seriously.
- You are encouraged to develop your own style and make your own choices.

How does someone get started?

In order to provide its program Make Studio must charge a fee-for-service (\$75 per 6 hour day; billed monthly). If you receive funding for services (such as through DDA) and/or work with a local disabilities organization, tell your case manager you are interested in visiting our studio with them to learn more. If not, you or a family member can contact us directly to discuss how to become a Make Studio artist. For more information, you can also visit the rest of our website or send us an email at info@make-studio.org.



Resource: **ShareBaby, Inc.**

Contact Information: Eliseba Osore, Program Director

Email: eliseba@sharebaby.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **ShareBaby** collects essential baby supplies and diapers from community donations and distributes them to families and children in need through well-established community organizations.



Resource: **Brightspots media**

Contact Information: Bobby Moore

Phone: 570-506-3007

Email: hello@brightspotsmedia.com

Volunteer opportunities for older students for service learning? No

Professional Development or Training opportunities? No

Program Description: **Brightspots Media** empowers people, cities, and organizations- at all stages of growth- to solve thorny problems and celebrate their strengths through storytelling and deep mentorship (www.brightspotsmedia.com).

VISUAL STORYTELLING.

We celebrate the “brightspots” of your organization through film and photography production. We make documentaries, short films, digital promotions, and visual content to tell your story.

DIGITAL MOVEMENTS.

We craft compelling stories for your organization through multi-platform social media campaigns that leverage the power of short form digital content.

HIGH-IMPACT WEBSITES.

We share the spirit of your idea or organization through start to finish website development that inspires and helps you reach your audience.

STORIES FOR CAPACITY.

We champion your story through grant writing, fundraising campaigns, and donor recruitment and retention strategies to help your idea or organization build capacity.

UNLEASHING YOUR POTENTIAL.

We build and deliver personalized workshops and support on storytelling, creativity, volunteer mobilization, board development, and operational management for your world-changing ideas.

COMMAND THE STAGE.

We provide speechwriting and pitch development support to empower you to deliver messages that change the world.



Resource: **The Maryland Book Bank**

Contact Information: Mark Feiring, Executive Director

Phone: 410-598-1771

Email: mfeiring@marylandbookbank.org

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **The Maryland Book Bank** distributes books to children, teachers, and organizations throughout Maryland. Annual Membership is available at the Book Bank for \$45, allowing individuals or organizations to take 250 books per month as well as take part in special Members Only distributions. Non-Members may visit once per month and take 25 books, and children are always welcome to take as much as they can carry. In addition to the Book Bank, we have recently introduced The Maryland Book Bank Ravens Bookmobile which serves Baltimore City schools as a mobile Book Bank.



Resource: **Docket for Homeless Persons (DHP) & Veterans Treatment Docket (VTD)**

Contact Information: Jamie Meyers

Phone: 410-895-1580

Email: jamie.meyers@uwcm.org

Volunteer opportunities for older students for service learning? No

Professional Development or Training opportunities? No

Program Description: **DHP** is a specialized court docket for individuals experiencing homelessness who have been accused of nonviolent misdemeanors or who currently have outstanding warrants for misdemeanors and traffic offenses in Baltimore City. Any homeless person on the street, in a shelter or doubled-up is eligible for DHP. Its focus is to help people experiencing homelessness receive the supportive services they need as an alternative to criminal penalties.

VTD is a court supervised, comprehensive, and voluntary treatment based program for justice involved Veterans charged with misdemeanors and in the Baltimore City District Court. Veterans charged with these offenses who have had prior military service, whether eligible for VA benefits or not, are eligible for the VTD.



Resource: **United Way of Central Maryland Family Stability-Shelter Diversion Program**

Contact Information: Auna Cooper

Phone: 410-895-1584

Email: Auna.Cooper@uwcm.org

Volunteer opportunities for older students for service learning? No

Professional Development or Training opportunities? No

Program Description: United Way's Family Stability focuses on lifting families out of crisis and moving them to self-sufficiency. Shelter Diversion programs are able to do this by providing families with housing assistance, case management, workforce development and financial education.

Program goals are to:

- To house "hard-to-shelter" families in Baltimore City, who would otherwise have to split up in the emergency shelter system
- To house families who fit a demographic that the shelter system is unable to serve (like families who are doubled up)
- To give families the tools they need to stabilize in housing and move toward self-sufficiency

Eligibility Requirements:

- Individuals 18 and over residing in the household should be employable and willing to work unless enrolled in a training program or school
- An adult living in the household (age 18 years or older) must be able to open a gas and electric account in his or her name, and will be required to pay the monthly gas and electric bill during the entire program
- Willing to participate in case management and meet program responsibilities



Resource: **Injury Prevention**

Contact Information: Lauren Malloy, Lead Injury Prevention Coordinator, Johns Hopkins Children's Center

Phone: : 410-955-9382

Email: Ldavis87@jhmi.edu

Volunteer opportunities for older students for service learning? Yes (ages 18+)

Professional Development or Training opportunities? Yes

Program Description: **The Injury Prevention Team at Johns Hopkins** serves youth ages 0-15 and their parents in Baltimore City and surrounding suburbs. According to the CDC, childhood injuries are the leading cause of death for children under age 19. The Injury Prevention Team at Johns Hopkins provides injury prevention outreach in the community on a range of high risk topics including: Home safety, fire safety, water safety, car seat safety, falls prevention, among others. Presentations are geared toward the child's age and developmental level, and include hands on, interactive components to engage the audience at hand. Youth and parents alike practice safe behaviors to prevent future injury.



Resource: **Baltimore School for the Arts- To Work in Gaining Skills (TWIGS)**

Contact Information: Becky Mossing, Director of TWIGS and Community Outreach

Phone: : 443-642-5167

Email: BMossing@bsfa.org

Volunteer opportunities for older students for service learning?

Professional Development or Training opportunities?

Program Description: **The TWIGS program** offers free classes in instrumental music, vocal music, dance, visual arts, theatre, and stage production to elementary and middle school students who qualify by audition. Students must be residents of Baltimore City to apply and auditions are held in the spring for the following school year. All classes are held after school and on Saturdays in the studios and classrooms of the Baltimore School for the Arts.

DANCE- Develop your talents in dance through the fundamentals of ballet with our professionally trained staff. Classes are held 1-4 times a week depending upon class level. Dance is a program for second through eighth graders.

INSTRUMENTAL MUSIC- Improve on the instrument you now play. We offer private lessons for piano, string, woodwind, brass, and percussion instruments with a professional musician. You must show experience on an instrument and be willing to practice. You will also receive musicianship and ensemble training. The instrumental music program is for fifth through eighth graders, with the exception of strings and piano, which are for second through eighth graders.

VOCAL MUSIC- Learn to sing and read music. We offer a choral program where students work with a professional choral director. You must show interest and be willing to care for your voice and to practice at home. Having a piano or keyboard is helpful but not required. The choral music program, which includes classes in musicianship is for 6th, 7th and 8th graders. Eighth graders will also participate in vocal music workshops lead by a BSA faculty voice teacher where they will receive more individualized vocal training. Classes meet on Saturdays.

THEATRE- Explore your imagination in acting classes. Learn what it means to be an actor and express yourself through theatre games, improvisation and acting techniques. Classes will be taught once a week by a professional actor. The theatre program is for fifth through eighth graders.

STAGE PRODUCTION- Learn how performances are produced by writing, designing, and creating puppet plays. Our professional instructor will teach you about the behind-the-scenes production elements through creating a show in miniature. Students will meet once a week and learn about puppet artistry, including costumes, scenery, props, lighting and sound. The stage production program is for fifth through eighth graders.

VISUAL ARTS- If you like to draw, paint or work with your hands, we offer lessons with professional artists to develop skills in drawing, painting and sculpture. Classes will be held once a week for fourth through seventh graders and twice a week for eighth graders.

VIDEO – Our newest program gives students the opportunity to delve into the storytelling aspects of film and video while learning basic filmmaking and editing.

CCAT COLLABORATIVE CLASS – An invitation only, multi-departmental, multi-grade level course introducing students to various computer programs and elements including 3D Printing, video editing and photography.



Resource: **Lake Roland Nature Council**

Contact Information: Merritt Pridgeon

Phone: 419-344-1912

Email: ofmerritt@gmail.com

Volunteer opportunities for older students for service learning? Yes

Professional Development or Training opportunities? No

Program Description: **The Lake Roland Nature Council** *Trails over Truancy: Junior Naturalist Program* serves BCPS students in grades 2 thru 8 with a focus of reaching students who are at risk of truancy. Naturalists visit the school for classroom sessions involving live animal encounters and other hands on activities. Naturalists also lead trips to Lake Roland for hikes, tree planting, canoeing, and other outdoor endeavors. Grants will be sought to cover any cost.



Resource: **Sports Boosters of Maryland**

Contact Information: Ron Levine

Phone: 410-218-8717

Email: levine49@gmail.com

Volunteer opportunities for older students for service learning? No

Professional Development or Training opportunities? No

Program Description: **The Sports Boosters** raise money throughout the year from dinners, events and our annual banquet.



Resource: **Youth Empowered Society (YES)**

Contact Information: Lara Law, Director, 2315 N. Charles St. 1st Floor, Baltimore, MD 21218

Phone: 410-235-7744

Email: lara@yesdropincenter.org

Volunteer opportunities for older students for service learning? No

Professional Development or Training opportunities? **YES** is a small agency that could provide professional development training for school system staff around youth homelessness, if planned in advance.

Program Description: **YES** provides a safe, youth-friendly space for youth ages 14 through 25 who are experiencing homelessness through our one-stop-shop drop-in center. Although YES is open from 9am-6pm Mon-Thurs and 9am-5pm on Fridays, the drop-in hours for the youth are 2-6pm Mon-Thurs. If possible, youth should call before coming the first time to set up an intake.

YES works with youth to secure shelter and take the necessary steps to access safe and affordable permanent housing. YES is a place to meet immediate basic needs of food and clothing, receive mail, storage, access to laundry facilities, computer and phone usage, and, simply, a safe place to rest and decompress. YES offers in-house case management that includes assisting youth obtaining identification, enrolling in school, navigating financial aid, accessing public benefits, advocacy in criminal justice proceedings, accessing childcare, connecting to employment and housing, and countless other supports. Through partnerships with community organizations such as Art with a Heart, Celebrate Us's Customer Service Training Program, and Second Chance, Inc., YES offers workforce development programming and connects youth with sector-specific employment training and job opportunities. YES also facilitates access to health care, mental health services, and legal services, and offers a variety of support groups and activities for youth.



PROVIDING THE FACTS

General:

- Art with a Heart's mission is to enhance the lives of people in need through visual art.
- Since 2000, Art with a Heart has provided educational, creative, and inspirational programs to Baltimore's vulnerable children, youth, and adults in schools, community centers, group homes, hospitals, permanent housing facilities, shelters/transitional housing, and senior facilities. Art with a Heart is 16 years old.
- Visit Art with a Heart's website at www.artwithaheart.net for more information.

Programming:

- Art with a Heart provides over 11,000 classes a year to Baltimore's vulnerable populations. This translates to 182,000 visual art experiences in the last year.
- In June 2016, Art with a Heart celebrated the eleventh year of its Summer Job Program, which provides youth with opportunities to learn soft job skills while creating marketable art that is sold at HeARTwares.

Public Art/Community Service:

- Art with a Heart engages over 5,000 volunteers a year through public art workshops, community- service events, and classroom support.
- Art with a Heart has completed 53 mosaic murals, ten painted murals, and three handmade trees, all which now beautify public spaces in Baltimore, and Baltimore's partner city of Ashkelon, Israel. Currently, Art with a Heart is collaborating with local organizations to complete 106 new mosaic murals.

HeARTwares:

- In November 2010, Art with a Heart opened the doors to its social enterprise/retail store, HeARTwares.
- The proceeds from all sales are shared between Art with a Heart and its community partners or artists.
- HeARTwares, located at 623 W. 34th Street, is open Monday through Friday from 10 am to 6 pm, Saturday from 12 pm to 6 pm, and Sunday from 12 pm to 5 pm.

Art of Leadership

- Thirteen-month teen leadership initiative that will familiarize participants to issues facing the Baltimore community and will develop fresh perspectives for how to address these issues.
- Participants include a diverse group (diverse race, ethnicity, religion, socioeconomic status and gender) of twenty 10th and 11th grade public and private school students who live in the Baltimore area.
- The Program introduces and/or reinforces leadership competencies that will make the students better able to solve community problems and enhance their civic participation.
- Participants will be challenged to leave their comfort zone in order to learn about each other and gain new appreciation for differing background and experiences.
- Topics will include public education, health care, the arts, crime, poverty, and the racial divide in Baltimore.
- Workshop sessions take place once a month on Sundays, 4pm to 8pm with dinner included. In addition to Sunday gatherings, there will be occasional experiential days when schools are closed. There will also be two overnight retreats during the course of the 13-month period.
- The inaugural cohort began on August 23rd, 2015.

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